

INTERVIEW with PATHE leader from Colleborating Partner

Name: Ausra Nestroviene

Position: International coordinator

Organization: Lithuanian Country Sport and Culture Association *NEMUNAS*

Country: Lithuania

1. Within your specific national project and geographic location (country), what are the most important issues for the PATHE - Physical Activity Towards a Healthier Europe to address in order to better the health status, health promotion and sport/health activities?

Most important issues: understanding, wish, cooperation and believe.

2. What partnerships/activities do you feel are necessary within your national project/country that would help further the efforts of ISCA and your Association with PATHE in providing increased and more comprehensive services for national organizations in the Health/health promotion activities?

NEMUNAS has already a wonderful opportunity to be in twining with French copetative team and the learning process has been very sucesful. We would like to suggest to include more consultations with different experienced partners.

3. What are the adaptations/innovations/changes in your association via PATHE that you have either implemented or developed that has helped provide a more effective or efficient health/health promotion/physical activities?

The main goal of our association is to creat healthier country society throught sport and cultural activities. It's evident for us as key persons but going into society we try to use different tools and ways to reach the mentioned goal. PATHE inspired our team to use some tools in order to offer a new range of activities. As a good sample sending postcards (French experience) to our members and paying attention on issues like health, sport and participation.

Some youth programs (as International Youth Award, were one of the part is sport activities) we integrated into PATHE.